



NOVEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Menu subject to change without notice! All meals served with FF or Skim milk!</p> <p>Chef Salad, POTATO BAR (7-12) or PBJ, Ham, or Turkey sandwiches available Monday – Thursday as an alternate to the main entrée. These sandwiches can also be purchased a la carte.</p>			<p>1 Biscuit & Sausage Gravy (273) Juice (60) Cereal (110)</p> <p>-----</p> <p>BBQ Rib/WG Bun (140/120) Peas (59) Pears (60)</p>	<p>2 New Item Dutch Waffle(300) Fruit (60) Juice (60) Cereal (110)</p> <p>-----</p> <p>Chicken Alfredo (344) Steamed Broccoli (27) Banana (105)</p>
<p>5 Sausage on/ Stick w/ Syrup (190/20) Fruit (60) Juice (60) Cereal (110)</p> <p>-----</p> <p>Cheeseburger (265) WG Bun (120) Tater Gems (160) Peaches (59)</p>	<p>6 Cheese Omelet w/toast (180/70) Hash Brown (143) Juice (60) Cereal (110)</p> <p>-----</p> <p>Chicken Nuggets (270) Green Beans (25) Pears (60) WG Cookie (90)</p>	<p>7 French Toast Bites w/syrup (190/20) Fruit (60) Juice (60) Cereal (110)</p> <p>-----</p> <p>Grilled Cheese (278) Tomato Soup (105) Broccoli w/ Ranch (101) Grapes (31)</p>	<p>8 Biscuit & Sausage Gravy (273) Fruit (60) Juice (60) Cereal (110)</p> <p>-----</p> <p>Beef Fingers (241) Buttered Corn (70) Applesauce (50) Garlic Biscuit (233)</p>	<p>9 Dutch Waffle (300) Sausage (82) Fruit (60) Juice (60) Cereal (110)</p> <p>-----</p> <p>Spaghetti (270) Garden Salad (10) Dressing (90) Banana (105)</p>
<p>12 Sausage on/ Stick w/ syrup (190/20) Fruit (60) Juice (60) Cereal (110)</p> <p>-----</p> <p>Hot Dog/WG Bun (170/110) Peas (59) Apple (95)</p>	<p>13 Cheese Omelet w/toast (180/70) Hash Brown (143) Juice (60) Cereal (110)</p> <p>-----</p> <p>Chicken Patty/WG bun (281/120) Cauliflower (20) Strawberries (24)</p>	<p>14 French Toast Bites w/syrup (190/20) Juice (60) *Cereal (110)</p> <p>-----</p> <p>Hot Ham & Cheese (270) Carrots w/ Ranch (41) Grapes (31)</p>	<p>15 Biscuit & Sausage Gravy (273) Juice (60) Cereal (110)</p> <p>HOLIDAY MEAL Roasted Turkey (140) Mashed Potatoes w/ Gravy (110/35) Hot Roll (90) Cherry Crisp (196)</p>	<p>16 Dutch Waffle w/syrup (300/20) Fruit (60) Juice (60) Cereal (110)</p> <p>-----</p> <p>Beef Stroganoff (250) Peas (59) Peaches (60)</p>
<p>19 Sausage on/ Stick w/syrup 190/20) Juice (60) Cereal (110)</p> <p>-----</p> <p>Homemade Pepperoni Pizza (270) Garden Salad (10) Dressing (90) Orange (45)</p>	<p>20 Cheese Omelet w/toast (180/70) Hash Brown (143) Juice (60) Cereal (110)</p> <p>-----</p> <p>PB & J Sandwich (300) Baby Carrots (41) Apple (95)</p>	<p>21</p> <p style="font-size: 2em; font-weight: bold;">No School</p>	<p>22 Happy Thanksgiving!</p> 	<p>23</p> <p style="font-size: 2em; font-weight: bold;">No School</p>
<p>26 Sausage on/ Stick (190) w/ Syrup (20) Juice (60) *Cereal (110)</p> <p>-----</p> <p>Popcorn Chicken (230) Cheesy Potatoes (70) Green Beans (20) Apple (95)</p> <p style="text-align: center;"><i>"This institution is an</i></p>	<p>27 Cheese Omelet w/toast (180/70) Hash Brown (143) Juice (60) Cereal (110)</p> <p>NEW ITEM Walking Taco (299) Lettuce, Cheese (84) Mexican Corn (80) Grapes (31)</p> <p style="text-align: center;">equal opportunity</p>	<p>28 French Toast Bites w/syrup (190/20) Juice (60) Cereal (110)</p> <p>-----</p> <p>Ravioli (250) Green Beans (20) Tropical Fruit (60)</p> <p style="text-align: center;"><i>provider"</i></p>	<p>29 Biscuit & Sausage Gravy (273) Juice (60) Cereal (110)</p> <p>-----</p> <p>Chili w/ Crackers (107) Cheese Stick (110) Celery w/ Ranch (76) Orange (45)</p>	<p>30 Dutch Waffle w/syrup (300/20) Fruit (60) Juice (60) Cereal (110)</p> <p>-----</p> <p>Fish Sticks (280) Broccoli w/ Ranch (101) Grapes (31)</p>